Farewell, CLC! (Editor Sign-off)

It has been a pleasure to be a member of the Orange & Black since my freshman year, especially this year as the editor-in-chief. From writing articles to becoming the official wordsmith for the paper, my experience over the past four years has been a memorable one. Now, as a senior in the last stretch of the 2013-2014 school year, I would like to thank my fellow staff members, Tigers, and CLC Faculty. I have left my mark on CLC through our beloved newspaper, but they have left their mark on me in so many meaningful ways.

I offer encouragement to current underclassmen to get involved and join the school newspaper! I promise that you will have loads of fun, gain lots of experience, build working relationships with fellow student writers, and of course, eat many doughnuts (courtesy of our advisor, Mr. Leadaman:). If you haven’t gotten to know him yet and plan to join us next year, now is the time to start! The Orange & Black always welcomes new members.

Farewell, Tigers. I wish you all the best in your high school years as I embark on my journey into college. And good luck to my fellow seniors as they begin their futures!

~ Sarah Mondello, Editor-in-Chief
Class of 2014

Why I Hate Cornell Notes

Amy Widhal

Central has recently introduced a new way of note taking called Cornell Notes. It was thought up at Cornell University in New York as an alternative way to take notes during lectures, textbook reading, etc. The idea was to help students take more efficient, accurate notes that truly analyzed what the subject was about. Teachers are being urged to use these notes as a tool for students struggling with their studies or who need a new way to study. Cornell notes have the format of a topic/objective, essential question, a questions column, a summary section, and a small box for the actual notes.

I, for one, am not a fan of this way of taking notes. The limited amount of space provided for the actual notes is so small, I can barely fit any of my ideas on the paper. I find the question column irrelevant. Why waste space that most students avoid writing in when it could have been used for more note taking?? And why must it be a question? Why not a key term or the sub headings of each section? I find it easier to look at the entire paper to study rather than fold my paper in half and force myself to answer questions that “could possibly be on the test.” What I don’t understand is if teachers want us to write potential test questions on our notes, why they can’t give us a study guide with questions that have a higher chance of being used. We could be studying questions that are nowhere near the ones we should be doing. Summaries can be helpful and all, but they don’t cover the little details in the notes. These details are often the main points that are covered by the test and most likely to be missed. Cornell notes may be helpful to some students, but they shouldn’t be forced onto students who prefer old-fashioned outlines.

Don’t Be Apathetic, Man

Cole Massie

Writing my last article for the Orange & Black is kind of bittersweet, as for the last four years this has been a creative outlet of mine that I’ve really come to enjoy. Writing about music, and occasionally international news, has been a privilege and given me a place to express opinions and be comfortable, but more so to be proud of my own writing. This being really the only extracurricular I upheld, I can affirm something that you’ve probably been told already, which is the importance of getting involved in stuff.

Throughout my sophomore year I was super apathetic and being involved in any extracurricular outside of my music journalism comfort zone was unheard of. I never joined choir, tried out for any theatre productions, or even thought about joining a sport. Clubs were a stretch and I was too afraid of being labeled or something stupid like that. I can assure you two things though. You will get labeled for being in any extracurricular, and you will regret not doing so. If you’ve got even the slightest bit of interest in something, see if there’s a club for it. If there is, don’t even hesitate. If you’re passionate about an instrument, a creative facet, a sport, or even something as engrained as your sexuality, go do something about it. High school went by super fast, and by the time junior year rolled around I had completely given up worrying about being labeled or damned or whatever irrelevant thing anyone could conjure up - it’s just not important. Finding out what you enjoy doing is important, and in doing so I guarantee you will meet people who will influence your life. Thanks for putting up with the sappy PSA, but I’m serious, just go do something, man. Peace out, Central B)
McHenry County College
McHenry County College
McHenry County College
McHenry County College
McHenry County College
McHenry County College
McHenry County College
Miami University, Oxford
Miami University, Oxford
Milwaukee School of Engineering
Minnesota State University, Moorhead
North Central College
North Central College
Northern Illinois University
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Northern Michigan University
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Northern Michigan University
Northwestern University
Ohio Northern University
Olivet Nazarene University
Purdue University
Purdue University
Purdue University
Rochester Institute of Technology
Saint Louis University
Saint Xavier University
Soka University of America
Southern Illinois University, Carbondale
Southern Illinois University, Carbondale
Southern Illinois University, Carbondale
Southern Illinois University, Carbondale
Southern Illinois University, Edwardsville
Southern Illinois University, Edwardsville
St. Cloud State University
St. Cloud State University
St. Olaf College
Sullivan University
Texas A&M University, Galveston
The University of Alabama
The University of Alabama
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The University of Iowa
The University of North Carolina at Chapel Hill
Truman State University
Truman State University
Universal Technical Institute
Universal Technical Institute
LEWKE, JORIAN R
BEHRENS, DAYNA J
SCHOEPKE, RACHAEL M
GARTON, CLARE M
HEIN, TAYLOR MICHAEL
KOLAR, MONICA K
AUBUCHON, SARAH A
BODNARIUC, JONATHAN H
COWIN, LAUREN V
ERND, JACEY A
FRANCIS, LUKE G
GETTY, JENNIFER M
HILLERS, ZECHARIAH M
ODONNELL, MARY K
PATADIA, RAVINA
PEISKER, KEVIN E
BROTAN, LINDSAY R
HOGAN, MCKENNA L
MILLS, MITCHELL R
ADAMS, MIKAELA M
CAIDEUX, AUSTIN G
AMATO, NICHOLAS J
SANTUCCI, JULIA M
HJERTEDT, ERIK A
KUSTER, JACOB C
ZIOLKOWSKI, ZACHARY P
CONN, REBECCA L
IWAMOTO, KYLE *
MAURO, ASHLEY M
POLK, REBECCA M
HUFFMAN, SCOTT C
DOTY, SARAH G
CHEN, ALLEN *
LOCKWOOD, ETHAN L
MURPHY, SAMANTHA L
SVIGELJ, ELIZABETH A
VESEY, KENNETH D
ACKERMAN, HANNAH V
ZWICKY, JUSTINE J
LISTON, ERIN N
HINES, CONNOR W
OHARA, ANTHONY J
RUFFOLO, JOSEPH S
TALBOTT, NATHAN M
HARKINS, KELLEY E
MASSIE, COLE D
PLUNKETT, EU R
SMITH, CAITLIN R
LEVENGOOD, SCOTT A
MACCRINDLE, REBECCA R
OCONNOR, JULIA P
RUTISHAUSER, ALEXIS R
WALLACE, JILLIAN L
JOHNSON, NOLAN M
LORIA, JULIANNE E
DAGLEY, MADISON K
MARSKI, HALEY M
University of California at Santa Cruz
University of Chicago
University of Dubuque
University of Illinois at Chicago
University of Illinois at Chicago
University of Illinois at Chicago
University of Illinois at Urbana-Champaign
University of Illinois at Urbana-Champaign
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University of Illinois at Urbana-Champaign
University of Illinois at Urbana-Champaign
University of Kansas
University of Kansas
University of Kentucky
University of Kentucky
University of Minnesota, Twin Cities
University of Minnesota, Twin Cities
University of Missouri Columbia
University of Missouri Columbia
University of Nebraska at Lincoln
University of Notre Dame
University of Southern Mississippi
University of St. Thomas
University of Tennessee, Knoxville
University of Utah
University of Wisconsin, Madison
University of Wisconsin, Madison
University of Wisconsin, Madison
University of Wisconsin, Madison
University of Wisconsin, Madison
University of Wisconsin, Milwaukee
University of Wisconsin, Milwaukee
University of Wisconsin, Oshkosh
University of Wisconsin, Platteville
University of Wisconsin, Platteville
University of Wisconsin, Platteville
University of Wisconsin, Platteville
University of Wisconsin, Stevens Point
University of Wisconsin, Stevens Point
University of Wisconsin, Stevens Point
University of Wisconsin, Stout
University of Wisconsin, Whitewater
University of Wisconsin, Whitewater
University of Wisconsin, Whitewater
University of Wisconsin, Whitewater
Utah State University
Valparaiso University
Virginia Polytechnic Institute and State University
Western Illinois University
~ Senior Shout-Outs! Class of 2014 ~

Shout out to Mr. Thomas for losing my I-search, then calling my house.
~ Hannah Ackerman

Mr. Hubly. He is a leader and is the kind of person I’d grow up to be like because he believes in everything. I look up to him because he’s helped me grow as a person. You rock Hubs!
~ Ola Agigoue

Mr. Leadaman is a bro.
~ Nick Amato

Mr. Smalley because he taught me a great work ethic and how not to give up when things get tough.
~ Nate Anderson

Lucy Flores, thank you for being above and beyond what your fellow staff members do. You are one of the best at this school.
~ Sarah Antongiovanni

Officer Rudolph. He has been a HUGE support in some of my most difficult times. Thank you Officer Rudolph, all your help and support has meant a lot to me.
~ Sonya Arora

Richardson for being an OG.
~ Robert Aunan

Miss Flores and Mrs. Ross because they had helped me with a lot, pushing me to work hard and get a good grade.
~ Susana Avila

All teachers are the best!
~ Nathan Baginski

Mr. Schroeder you are the man, because you push people to figure out your problems on your own. Ya Ya Hans and Frans.
~ Scott Baldwin

Ms. Flores. She has helped me out a lot with learning things in life and in school.
~ Celia Barradas

Mrs. Richardson. I want to thank her for all her help from schoolwork, to drama, to my personal life she was always there for me with a smile on her face.
~ Nicole Behm

My shout out would go to Mrs. Welder for teaching me how to be a good writer. I learned so much in her class.
~ Sarah Benhart

Eschman for being a good Coach.
~ Scott Benhart

Shout out to Mr. Foerster for encouraging me to succeed in life and not just in school.
~ Morgan Bertalon

Mr. Wilbrandt, by motivating the Science Olympiad team through being a mean, scary old man.
~ Jonathan Bodnaruc

Ms. Dare, you better keep teaching at CLC forever. Don't worry I'm sure I'll discover immortality.
~ Tanner Bohbrink

Ed the janitor for keeping the school clean.
~ Tim Borchardt

I'd give a shout out to the art teachers because I've known them the longest and I feel most comfortable with them, and they try very hard to help you with anything you need.
~ Natalia Borucki

Mr. Britt - for being the best Dean!
~ Emily Britt

Mr. Walkner because he was such an amazing English teacher!
~ Emma Buckingham

Mrs. Parrish; she has not only helped me with growing in my art but in every other aspect of my life. She is constantly encouraging me to put all my effort into everything and to help others which helps me grow as a student and a person.
~ Skylar Buetow

I would like to give a shout out to Mr. Levin because his classes helped me to have the best high school experience I could possibly have.
~ Lena Burke

The Rzpeckis for always being supportive and encouraging, but also for being two of the best Spanish teachers I’ve ever had.
~ Gretchen Butterfield

Mr. Crabil. Coolest science teacher.
~ David Caballero

Mr. Levin for showing me that if I work hard at something, I can achieve a goal and be proud of myself.
~ Joaquin Camacho

Mrs. Rzpecki because she has been really nice to me since I was a new kid transferring.
~ Oswaldo Campos

Mrs. Hodgephath and all the professionals in CLC that help and teach better than the teachers.
~ Uriel Cardoso

Thank you Mr. Shutters for helping me out these past four years! I appreciate everything you’ve done for me.
~ Monica Casas

I don’t know if this is obvious or not, but Pelz is THE most interesting man in the world.
~ Allen Chen

For interesting me in U.S. History class, shout out to Mr. Byham. I never thought that I would be able to keep attention in a history class for an entire semester.
~ Simon Culbertson

Only been at this school for a year, but I would say Mr. Cook.
~ Codye Cummings

Miss Anzelmo because she has given me helpful advice about life and about my future.
~ Danielle Dellorto

I would like to thank Mr. Kingston from the bottom of my heart for acting like my “school dad.” He puts up with my craziness and always gets the best out of me.
~ Maggie Dollahan

I would have to give a shout out to Mr. Hubly. He has helped me and other students so much. Words cannot explain how grateful I am for him. Thank you for all you do!
~ Giovanna Doty

I would like to thank Mrs. Jazwinski for trying to help me start a club and just being there when I needed to talk to someone. I would also like to thank Mrs. Parrish for helping get into art and helping me in the beginning of the year.
~ Tabitha Echols

I would like to thank Mr. Hewett because he has believed in me when I didn’t believe in myself. He has helped me out a lot while in high school.
~ Ellie Edfors

Coach Lichtenheld for making basketball such a great experience for me and pushing me to always do my best. Going to miss you and team next year!
~ Shannon Ellman

Mr. Sayles because he taught me that I was not good at chemistry but taught me so much more than chemistry. He taught life lessons.
~ Samantha Engert

Thank you, Czes and Mr. Leadaman for always finding ways to make your class fun!
~ Jacey Ernd

Mr. Shutt and Mrs. Parrish. They were always there for me and helped me determine what I want to do.
~ Jenna Falco

I can’t really choose one teacher because they have all been wonderful! With them, I pretty much found my place. I developed a voracious appetite for learning, and companionship with like-minded people.
~ Emma Falk

A shout out to Ms. Flores for always supporting me.
~ Alondra Figueroa

Mr. Eschman for being an awesome teacher and coach!
~ Eion Fitzgerald

Mr. Rzpecki because he really cares about his students and is awesome.
~ Hayley Flores

Mr. Crabill. He listens to all my problems even though he doesn’t always want to.
~ Robert Aunan

Mrs. Richardson for being an OG.
~ Robert Aunan

The art teachers because I've known them the longest and I feel most comfortable with them, and they try very hard to help you with anything you need.
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~ Skylar Buetow

I would like to give a shout out to Mr. Levin because his classes helped me to have the best high school experience I could possibly have.
~ Lena Burke
I would give my shout out to Mr. Kane because he is not always so serious like most people and he jokes around.

~ Chris Floyd

Mr. Leadaman for being the coolest guy ever. Also, for having a Boo Radley-esque neighbor, and knowing it’s McKenna’s birthday every day.

~ Luke Francis

I would choose Mr. Cook because he tries very hard to help students with the material.

~ Kyle Fugiel

Dr. Arbib - always there to help me whenever I needed it.

~ Abby Fuller

I would like to thank Mrs. LeMoine and Mr. Foerster because they always brightened my day when I was down and inspired me to work as hard as possible in and outside of class.

~ Christina Gadomski

I would give a shout out to all of the teachers I’ve had over all four years for making my high school experience great and for influencing who I am today.

~ Vito Galati

Mr. Kellner because he is the best teacher eva.

~ Danny Garcia

Shout out to Mr. Cook for helping a lot this year and shout out to Mr. Thomas for being the crazy man he is.

~ Austin Garland

Mr. Mueller, although I have never talked to you, I respect your dedication to God, to our country, and to this school. Your faith has been and will continue to be an inspiration to me.

~ Daniel Gebert

Mr. Cook.

~ Brad Graves

If I could give a shout out to any teacher at CLC I would give a shout out to Miss Hartig for being such an amazing French teacher over these 4 years.

~ Cassie Greenlea

Mrs. Parrish because she helped me get where I wanted to be. She didn’t just get me college ready; she got me ready for the real world.

~ Courtney Grinchuk

Mrs. Richardson. She was a fun teacher and would listen to what I had to tell her.

~ Adam Guzman

I would like to thank Mrs. Speaker for being an amazing and supportive coach!

~ Lexi Harkins

Mr. Kingston - thanks for dealing with my crazy.

~ Cat Henderson

My favorite teacher was Mr. Walkner because he made an effort to know me as a person, rather than just his student. His class always was interactive and fun.

~ Melissa Henry

Mr. Bagdley because he really helped me with my math because math is my worst subject. He really helped me.

~ Sparkle Heswion

I would say Coach Lehr because he has helped me through a lot. He has been a good leader all of high school.

~ Connor Hines

Mr. Hoover because he was a great football coach and an awesome teacher. Everything I did with him he would make fun and made high school better.

~ Erik Hjerstedt

I would give a shout out to Mr. Thomas for helping me with my I-search every day and teaching me life lessons.

~ Tyler Hofmann

I would say Mr. Eschman because he helped me a LOT with my worst subject and he’s such a great guy.

~ Abby Hough

Mrs. Splain for never giving up on me.

~ Jill Hubbard

Mrs. Welder is such an intelligent and helpful teacher, and she has prepared me so well for college. Also, Knopie and Seaver are awesome.

~ Kyle Iwamoto

Romito. He’s just so awesome. Keep, keepin’ it awesome, Romito!

~ Brandon Jagarnath

Leadaman. He is cool and helpful.

~ Ryan Jelen

Agnes Richardson for being awesome and a great teacher, and good looking.

~ Eric Jensen

Shout out to Mr. Hubly for being a great teacher who never fails to inspire, motivate, and encourage his students. And he never fails to give us something to laugh about.

~ Lena Johnson

Mr. Byham is an exceptional teacher. He also helps a lot with extracurricular activities.

~ Nolan Johnson

MR. BADGLEY! He can take all the other teachers with a blindfold on, yo! Sure there are good or even great teachers, but there is only one Badge Man!

~ Nick Kahlle

Shout out to Mr. Thomas for being The Man.

~ Matt Kebe

Mr. Pelz for being a crazy teacher.

~ Curt Kiolbassa

Mrs. Parrish. She always gave the most helpful criticism and I could talk to her about anything.

~ Monica Kolar

Mr. Jauch! Always had a positive influence and was always willing to help out.

~ Robert Kovar

Mr. Smalley for making history fun, and for being an understanding teacher.

~ Sarah Kretschnmer

Seaver/Anzelmo. Seaver because he has always pushed me to do my best and Anzelmo because she is always there to talk to and offered advice.

~ Cody Kunkle

Mr. Byham because he would always make class interesting and is always there to ask questions, “shout.”

~ Corey Kyarsgaard

I would like to thank Mr. Pelz for always putting in the time to help me be the best I can be.

~ Colleen Laird

Mrs. Welder, thanks for being the English teacher I needed, one that supports me and always challenges me!

~ Ava Lalor

Coach Lehr. He’s helped a lot with football. He’s a great coach.

~ Kyle Lavand

Mr. Knopie - he makes learning fun and tolerable and is also very dedicated to his students, job, and school.

~ Ben Lawson

I would like to give a shoutout to Mrs. Welder. She always goes above and beyond to make her students feel valued. Her support and encouragement over the years has been something I will never forget.

~ Alex LeMoine

Eschman, for being a great coach and friend for the past four years.

~ Scott LeVengood

I would like to thank Mr. Walkner because he was always a bright and happy teacher. He also was so enthusiastic about his work. It inspired me to be just as happy in whatever I do in life.

~ Emily Logan

Mr. Pelz. He’s an O.G.

~ Jack Lomax

Mrs. Splain ----- You are a very nice lady.

~ Riley Long

I’d like to give a shout out to Ms. Hartig for making my four years in french the best and for being one of the funniest teachers out there.

~ Andres Lopez

Mrs. Levitt - thank you so much for helping me have such a smooth and easy transfer into regular junior English. You were such a great and understanding teacher.

~ Sofia LoSchiavo

I would like to give a shout out to Mrs. Welder. She has provided one of the best English classes ever, and I appreciate all that she has done for me over the years. I couldn’t have asked for a better English teacher.

~ Becca MacCindle

Shout out to Mr. Hewitt for being one of the most laid-back and most understanding teachers in our school!"

~ Nicole Maciejczyk

Mr. Leadaman for always keeping class fun throughout the years.

~ Austin Madda
Mr. Byham because he inspired me to pursue teaching history.
~ Ryan Mallon

Mr. Eschman for teaching some stellar math.
~ Tyler Manke

Mrs. Richardson for always giving a laugh and being so nice. Mrs. Anzelmo for being so open and being the only teacher who seems to know how students feel.
~ Hannah Matousek

Thank you, Mrs. Wozny. You have helped me so much in math. Without you, I probably wouldn’t have passed junior year. You’re the bomb-diggity!
~ Anna McKinsey

I wouldn’t want to name anyone. I had help from so many different people throughout the years that there isn’t a single order for them, because they all deserve to be at the top.
~ Luis Mendoza

I would like to thank Mr. Hubly and Mr. Schwazzrock who helped a lot during my exchange year.
~ Lukas Meves

Ben Thomas. I’ve only been here since sophomore year, but junior year he inspired me to go to school for English and education.
~ Nate Michaelis

I would like to thank Mr. Leadaman for advising the Newspaper Staff and for making it such a blast! I would also like to thank Mr. Walker for all of his help, guidance, and support toward my future in college, and for helping me grow as a thinker! Finally, a shout out to Mr. Thiel for making Creative Writing (my passion) my favorite class in all of my four years of high school. :)
~ Sarah Mondello

Knopf: Thank you for knowing my name and dealing with me!
~ Ryan Moore

I would like to give a shout out to Mrs. LeMoine. She is always so positive and nice and works extremely hard to help us learn!
~ Josh Mugler

Rick Foerster for being a super cool teacher and surprisingly nice when he wants to be.
~ Mack Nolte

Mrs. Mazzucna and Mrs. LeMoine because they got me interested in biology.
~ Connor O’Hare

Mr. Eschman. He was my Cross Country/Track coach. He helped me out a lot.
~ Juliano Opie

S/O to Mr. Eschman for always being a positive guy!
~ Sergio Perez

Mrs. Gott - she has helped me through everything and she’s the one I trust most in this school.
~ Cassie Perry

A shoutout to Kris LeMoine - for encouraging us to live and study life. I am a better person because of her and her love of all she teaches.
~ Ben Peters

Mr. Thiel, because he has taught me both about creative writing and life lessons. He enjoyed my writing, however dark and violent it got. Most importantly, he’s been a great source of inspiration, always telling me to continue writing.
~ Jess PiekarSKI

Mr. Osterburg: allowing us to loiter during passing periods, teaching me science, and being a swaggin’ coach.
~ Brad Phoenix

Both Eschman and Seaver are the two best teachers/coaches I’ve had. They are a mix of funny and serious during track.
~ Ryan Pinner

I would like to give a huge shoutout to Rick Foerster! Thank you for everything you’ve done and how hard you have pushed me to succeed. I’ll never forget how rude you are to me … it always made everything better. I owe you a lot!
~ Becca Polk

I would like to thank Sherwood for all the time he invests in us. He not only does his job as a gym teacher, but gets to know us students and always has good life advice.
~ Krispy Pratt

I’d give a shout out to Mr. Guthrie. By far my favorite class and definitely one of the funniest teachers.
~ Autumn Price

Mr. Spanagel because he’s an amazing teacher and person.
~ Rachel Raczka

I can’t choose just one teacher, because all of the teachers I had over the past four years have impacted me in many ways. Thank you all for all your work you do for our student body.
~ Jazmin Rangel

Even on the anonymous survey us seniors had to take during AP registration, I put down Ms. Anzelmo. She is the teacher that creates a comforting aura in the class where I am not embarrassed to speak my mind. I feel she teaches us lessons not only pertaining to the curriculum, but also LIFE.
~ Kirsten Reinker

Shout out to Mr. Hoover for being a great coach, teacher, and friend.
~ Emmett Ritter

Mrs. Schroeder was may cross country coach for my freshman and sophomore year, and my English 101 teacher. She pushed me to my best in school and outside of school, and I am very grateful for that.
~ Avery Robertson

Mrs. LeMoine, thank you so much for guiding me in the direction of Biology for my future. Without AP Bio I may have never known how much I love Bio!
~ Jill Rokasek

I would like to give a shout out to Mrs. Splain because without her letter of recommendation I may have not been able to attend University of Iowa.
~ Dan Rosenberger

Parrish - thank you for helping me improve as an artist and pushing me to do better.
~ Kieran Ruddy

She isn’t working at Central anymore, but I feel that she still and always deserved this shoutout. Mrs. Miller from the GAP room. She was there to push me into doing my very best in and out of school. She was a true friend! Thank you!
~ Rosemary Ruiz

Mr. Thomas. He helped me keep my grades up. He’s great at teaching and helping others.
~ Alejandra Salas

Leadaman is the dawg!
~ Pablo Salinas

My shout out goes to Mrs. Levitt & Mr. Thiel because they are the ones who made me decide that I want to become an English teacher. Crazy, I know. Thanks, you guys!
~ John Saltz

Mr. Adams. He was my coach my senior year for football and I could not have asked for a better coach. He was very wise, and I not only learned more about football but about life through him.
~ Kurt Scharenberg

Derek Crabill because he is Derek Crabill…duh.
~ Paul Schlimm

Mr. Cook has always been interested in helping me grow, not only as a student, but as a person.
~ Zach Schmidtke

Ms. Jones because she helped me a lot with choosing the right college for me. She was also always there for me when I needed advice or help.
~ Kelsey Schmitt

Mr. Foerster because he was able to help me with and teach me about much more than chemistry, and I always appreciated his sincerity.
~ Noe Schneider

Shout out to Mr. O’Brien for being an O.G.
~ Julian Sietz

Shout out to all the English staff (+ Mr. Gattone and Mr. Schroeder). They made it possible for me to get past high school. They saved me.
~ David Smith

There are many.
~ Eric Sohn

I have too many teachers that have helped me so it’s very difficult to choose just one.
~ Samantha Springer

Mr. Seaver and Mr. Eschman for being the best coaches and for introducing CPT (Colored People Time).
~ Zachery Stebelton

Pelz because he’s the maaaaaaaaaaaaannn!
~ Joe Stephan

Mr. Smalley: for being an amazing teacher, role model, and friend.
~ Lazy Svigels

Mr. Foerster for teaching in an exciting and different way that made chemistry interesting and one of the best classes I’ve had at Central.
~ Joshua Szarafinski
College: Your New Home

Marissa Miller

Congratulations to the class of 2014 - you will soon be graduating and beginning a brand new chapter in your life. We at Central wish you the best of luck!

Starting a journey in a place that is anything but familiar to you can be extremely difficult, especially if it is far from home. You will probably notice the lack of rules and restrictions, perhaps with a bit more free time to spare. As you familiarize yourself with your new surroundings, you may begin to realize how different it is than what you are used to. It is quite likely that you will begin to miss home and feel out of place. However, adapting to this new step in life is simpler than it seems. CLC class of 2011 graduate, Brandon Miller, who is now a junior at Iowa State University, suggests that, “getting involved with a club or intramural sport eases the transition into the college atmosphere. Participating in these groups helps with making new friends and finding a way to keep yourself busy outside of classes.” Another element that contributes to making your college experience more bearable: friends. It is important to remember that you are not alone on this journey. College is one of many challenges in life that we will conquer. Remember to savor this time and make the best out of it with the new people you meet along the way. As you prepare for college and a once in a lifetime adventure, it is best not to worry because you will have the time of your life. Make college your home away from home.
Why Does College Location Matter?

Marissa Miller

Since our seniors are heading off to start their college careers, the rest of you may just be starting to think about where you would like to go to further your education after high school. With all the stress of deciding which school has the best field for your interests, or which school has the biggest student body, location is very important. I stopped counting the amount of times I have heard people say, “I’m so sick of Illinois” or “What school is farthest from here?” Although going down south for the next four years doesn’t sound completely terrible, you have to keep in mind how often you want to come home. If you go to a university in a place like Arizona, it is extremely likely that you will not be able to take a trip to visit your family over every single break you have. Someone living farther away is obligated to adapt to being on their own rather than someone living close enough to come home on their weekends. If losing the ability to see your family and friends may seem like a problem for you, then you should consider the closer alternatives. Location also has a very large impact on a student’s day-to-day living. If you are a person who is not a fan of the busy, urban environments, I do not suggest a university smack dab in the heart of Chicago. If you prefer somewhere that is somewhat suburban, do not chose a college that has nothing but corn fields for 50 miles in each direction. I cannot stress how important these factors are to consider when comparing schools that fit best for you. Visit the campuses more than once to get a good feel for the environment and surroundings. Just as colleges do not exist equally in academics, know that they will definitely not exist equally in geographic location, either. Shop around and make a choice that is best for you.

Politically Correct Children’s TV

Amy Widhaft

The biggest jump in children’s media 30-40 years ago was having a colored person star in the show. It wasn’t the norm back then to have people of different races in the same show. Move ahead those 30 or 40 years, and it’s completely normal. The term used for this is “politically correct,” meaning that it is wrong to discriminate against anyone or anything defined by politics. As of today, it is politically incorrect to laugh at a speech impediment, make racy jokes, or create stereotypes. This last May, Disney channel leaped over a “big feat” by introducing their first lesbian couple on Good Luck Charlie. This perked up a lot of attention saying that kids will finally understand what real life can contain. But life doesn’t just bring differences in married couples. It also includes people with Autism, mental illness, in a wheelchair, or anything that isn’t stereotypical for the middle class in America. It doesn’t make sense why networks such as Disney or Nickelodeon wouldn’t include these people in their shows. For example, if you were to walk out of school right now and wonder around downtown for about 15 minutes, I can almost guarantee you’ll find an elderly couple or someone unable to walk. It’s very common around here. If children’s media is trying to portray an example of how life is in America, I don’t understand why they can’t include disabled people.

Don’t Be Apathetic, Man

Cole Massie

Writing my last article for the Orange & Black is kind of bittersweet, as for the last four years this has been a creative outlet of mine that I’ve really come to enjoy. Writing about music, and occasionally international news, has been a privilege and given me a place to express opinions and be comfortable, but more so to be proud of my own writing. This being really the only extracurricular I uphold, I can affirm something that you’ve probably been told already, which is the importance of getting involved in stuff. Throughout my sophomore year I was super apathetic and being involved in any extracurricular outside of my music journalism comfort zone was unheard of. I never joined choir, tried out for any theatre productions, or even thought about joining a sport. Clubs were a stretch and I was too afraid of being labeled or something stupid like that. I can assure you two things though: You will get labeled for being in any extracurricular, and you will regret not doing so. If you’ve got even the slightest bit of interest in something, see if there’s a club for it. If there is, don’t even hesitate. If you’re passionate about an instrument, a creative facet, a sport, or even something as engrained as your sexuality, go do something about it. High school went by super fast, and by the time junior year rolled around I had completely given up worrying about being labeled or darned or whatever irrelevant thing anyone could conjure up - it’s just not important. Finding out what you enjoy doing is important, and in doing so I guarantee you will meet people who will influence your life. Thanks for putting up with the sappy PSA, but I’m serious, just go do something, man. Peace out, Central B)

Next to Normal

Rin Clasen

This year’s spring musical, Next to Normal, got me thinking - what really IS normal? The idea of a fifty stepford wife household has long been dismissed as myth, but the idea of holding up images remains with us today.

For those of you who didn’t get to see this fantastic production, Next to Normal centers around the Goodman family, whose mother, Diana (Giovanna Dotty), is diagnosed with bipolar disorder. Her illness is sparked from the death of her son (Ryan Moore) who still haunts her. These delusions threaten to tear apart the small family, with daughter Natalie (Kinsey Smassets) and father, Dan (Will Olsen), both fighting their own battles within the home. Natalie turns to drugs as she begins to hang out with her “stoner” boyfriend, Henry (Michael Penza), and Dan is there attempting to hold the whole family together, rushing Diana to her psychiatrists (Ben Peters), and still trying to be there for Natalie’s performances. But while this chaotic image may seem a tad exaggerated, mental illness is far from the view of many teens today. In fact, 1 in 5 Americans are said to suffer from some form of impairing mental illness. Suicide is the third leading cause of death among teens, and the leading cause of suicide is depression.

But this goes back to the effort to keep up appearances. Even if we are capable of talking about sex and drugs and rock and roll, all things taboo in the fifties, we still draw a line when it comes to being open about mental illness. The production of Next to Normal is a great place to start with opening that can of worms, but oftentimes our society likes to pretend such things don’t exist. This doesn’t mean that they don’t exist, though. The rate of self-harm among teens has been estimated anywhere from 13% to 50%. Remember the fundraiser this year? A to Z Literacy, a program to provide aid to kids across the world so they can learn to read, was a noble cause, for sure, but not one that most people can relate to. Unlike in the past, the campaign didn’t reach at all to the immediate community, and I believe those who ran the fundraiser could see how this chaotic image may seem a tad exaggerated, mental illness is far from the view of many teens today. In fact, 1 in 5 Americans are said to suffer from some form of impairing mental illness. Suicide is the third leading cause of death among teens, and the leading cause of suicide is depression.

But this goes back to the effort to keep up appearances. Even if we are capable of talking about sex and drugs and rock and roll, all things taboo in the fifties, we still draw a line when it comes to being open about mental illness. The production of Next to Normal is a great place to start with opening that can of worms, but oftentimes our society likes to pretend such things don’t exist. This doesn’t mean that they don’t exist, though. The rate of self-harm among teens has been estimated anywhere from 13% to 50%. Remember the fundraiser this year? A to Z Literacy, a program to provide aid to kids across the world so they can learn to read, was a noble cause, for sure, but not one that most people can relate to. Unlike in the past, the campaign didn’t reach at all to the immediate community, and I believe those who ran the fundraiser could see how this impacted their success.

An easy, good campaign would be one that touched nearly every student in the school in some way - a fundraiser for mental illness. But whether it’s the fear that talking about it will make people more inclined to do it, or the archaic idea that appearances matter more than anything, such a campaign will likely not happen. That Next to Normal was able to be produced at all was astonishing to me. But showing off the darker sides of illness is far from ending the problem. It’s only the beginning. With the door cracked open, you might as well swing it all the way. Awareness and openness are the only ways that we could start to fix the problem. In the words of Natalie: “We need some light. First of all, we need some light.”

Editor in Chief: Sarah Mondello
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Mr. Leadaman

“A fun and entertaining teacher! With stories of ripped pants”

All the newspaper staff have a hard time saying goodbye to our coordinator for the last time.

Farewell Friend.
Newspaper Staff.